

Flower Pressing with Georgina Hubbarde

To begin, you'll need fresh cut flowers. These can be from your garden, bought from a shop (making sure to use gloves and disinfect hands in-between picking up each flower if outside.)

To press the flowers, parchment or high absorption paper isn't necessary. You can use any paper, although prepare those with print, such as newspaper, to leave marks on your flowers. In my example I'm using a standard paper used for printers.



Fold the paper in half and slip the flower inside, cover with several of your heaviest books. I use between six and ten.

Change the paper once a week to help dry out the flowers quicker.

Supported by:



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**London Borough
of Hounslow**

Flower Pressing with Georgina Hubbarde

In two to four weeks your flowers should be dry and pressed.

For added effect decorate a variety of backgrounds to stick the flowers to.

I have done this by using diluted purple paint and lightly brushing it over some A5 printer paper. The other background has been made by dabbing tissue in to a strong coffee and running it over the paper.

Both of these activities can get pretty messy, so lay some newspaper or scrap paper down first to protect surfaces.



Supported by:



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**London Borough
of Hounslow**